



bodytalkstherapy.com

New Client Intake Packet – Psychotherapy

Welcome! I'm very much looking forward to meeting and working with you. For I am passionate about helping people to live fully, remember their full worth, and thrive. I'm honored as well to offer a unique approach to healing that is deep and profound and will reunite you with the safety and sacredness of your body, the gateway to your inner wisdom.

Included in this packet of forms is a Client Information questionnaire. Please fill it out as thoroughly as you can. This will assist me in offering you the most effective therapy specific to your personal needs. In addition, please take the time to sign and date the Consent Form. If there is a former or current mental health professional from whom you would like me to obtain historical information or with whom you would like me to share information (including your health insurance provider) about your diagnosis, progress, or concerns, please alert me so that we may also fill out a Release of Information form.

Please fill it out the relevant forms as thoroughly as you can, and bring them to your first session. You may also fill them out in session, if you prefer. The forms will assist me in offering you the most effective therapy specific to your personal needs. In addition, please take the time to sign and date the Consent form.

My office is located at [237 N. Prince Street, above the Lancaster Trophy House](#). My office number is 303, located on the 3rd floor and is accessible by elevator and stairs. When you arrive, there is typically plenty of on-street parking. (Parking is metered directly across the street from the building in which my office is located.) Please do not park in the private lots on the side of the building.

If you have any questions in advance of your session, feel free to call me at (717) 340-2096. If for any reason you must reschedule or cancel your appointment, remember to do so at least 48 hours in advance to avoid being charged for the missed session. Exceptions are made only in the case of illness or emergency so that I may offer the time to another client.

I celebrate you heeding the call from within to reach out and commit to this, the next phase of your journey, in which I am honored to walk beside you through the valleys and peaks, for that which is most sacred in me recognizes that which is most sacred in you.

Warmly,

Allison Brunner, LCSW

Allison Brunner – LCSW, RM
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